

UNITED STATES DISTRICT COURT
EASTERN DISTRICT OF WASHINGTON

SOBRIETY TREATMENT AND EDUCATION PROGRAM

ANONYMOUS PARTICIPANT SURVEY

Completing the Survey is a requirement of phase advancement and graduation. The Survey may be accessed online from any computer with internet access or by using a computer at the Federal Defenders in Spokane or Yakima. The person signs in using an individually assigned number. The USPO and Coordinator are advised when the Survey is complete.

The first 21 questions of the survey are the same regardless of the phase the participant is in. These questions ask for assessment of the Team, the STEP Program, and STEP participation as compared to regular supervision. There are also questions unique to each phase to assess how well the participant feels she/he have achieved the behavioral goals for the phase. At the time of graduation the participant is also asked to evaluate programs such as in-patient treatment. There are spaces for written comments following each section of the survey.

The Survey went online May 1, 2010.

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ANONYMOUS PARTICIPANT SURVEY

Completion of this anonymous participant survey is a requirement of your moving to the next Phase of the Program, or for graduation.

Please answer all of the questions honestly. Your feedback is important to the STEP Program. Your answers will help the STEP Team make necessary improvements to the Program, to benefit all participants.

You should answer all of Parts A, B, and C each time you complete the survey, plus the Part D Questions specific to the Phase of the STEP Program you will be completing: Phase I, Phase II, Phase III or Phase IV. Part E is answered only once, when you are completing Phase IV.

ANSWER THESE QUESTIONS EACH TIME YOU COMPLETE THE SURVEY

Part A: Select the answer that best describes how you feel about the **STEP Team**.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1. The Team treated me with respect.					
2. The Team was fair with me.					
3. The Team recognized my needs.					
4. The Team was concerned about me.					
5. The Team was supportive of me and my attempts to stay drug/alcohol free.					
6. The Team was sensitive to my cultural background.					

7. Add any other comments you would like to make about the Team or its members, including the Treatment Providers.

Part B: Select the answer that best describes how you feel about the **STEP Program**.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
8. The Program helped me stay drug free.					
9. The Program helped me stay crime free.					
10. The Program requirements were realistic and attainable.					
11. The Program is likely to know if a participant is using controlled substances or alcohol.					
12. I was able to use a controlled substance or alcohol without the use being detected by testing.					
13. Receiving rewards motivated me to comply with program expectations and requirements.					
14. Receiving consequences motivated me to comply with program expectations and requirements.					
15. The expectations of the Phase that I am about to complete supported my recovery efforts.					

16. Add any other comments you would like to make about the Program in general or any aspect of the Program.

Part C: Select the answer that best describes how you feel about the STEP Program as compared to regular supervision.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
17. I am supervised more closely in STEP than I would be on regular supervision.					
18. I am held more accountable in STEP than I would be on regular supervision.					
19. I am more likely to remain drug and alcohol free in STEP than I would be on regular supervision.					
20. I am more likely to remain crime free in STEP than I would be on regular supervision.					

21. Add any other comments about STEP as compared to regular supervision.

CHOOSE THE PHASE YOU WILL BE COMPLETING AND ANSWER ONLY THE SPECIFIC QUESTIONS LISTED FOR THAT PHASE (note Part E is only completed at the end of Phase IV)

PHASE I

Part D: Select the answer that best describes how you feel now that you have almost completed Phase I.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
I 1. I have developed an understanding of addiction and my pattern of use and the impact it has had on my life.					
I 2. I am honest with myself and others.					
I 3. I am responsible for myself and am responsible to others.					
I 4. I have established goals for my participation in the STEP Program.					

I W. Add any other additional comments you would like to make about your experience in the STEP Program.

PHASE II

Part D: Select the answer that best describes how you feel now that you have almost completed Phase II.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
II 1. I have made a commitment to lead a substance free life.					
II 2. I understand how my drug use has affected the significant others in my life or the community.					

II W. Add any other additional comments you would like to make about your experience in the STEP Program.

PHASE III

Part D: Select the answer that best describes how you feel now that you have almost completed Phase III.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
III 1. I have developed a sober network to rely upon in making life decisions and dealing with life stress.					
III 2. I have developed tools and a plan to assist me in maintaining my sobriety.					

III W. Add any other additional comments you would like to make about your experience in the STEP Program.

PHASE IV

Part D: Select the answer that best describes how you feel now that you have almost completed Phase IV.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
IV 1. I have developed new educational and employment goals.					
IV 2. I have knowledge of community resources available to support my recovery and obtain my goals.					
IV 3. I have an effective comprehensive relapse prevention plan in place.					
IV 4. As a result of participating in STEP I feel more confident that I can maintain my sobriety.					

IV W. Add any other additional comments you would like to make about your experience in the STEP Program.

Part E: Please rate the following programs that you participated in while in STEP by choosing the answer that best describes your opinion.

	poor	good	excellent	did not participate
IV P 1. Inpatient Treatment				
IV P 2. Outpatient Treatment				
IV P 3. Self Help Group and Sponsor				
IV P 4. Residential Reentry Center				
IV P 5. Jail				

IV P W. Add any other comments you would like to make about the listed programs.